



## Capital District Track Officials

February 11, 2025, Halfmoon/ Clifton Park Library

**6 PM Start Time!!**

I- 5-6 pm. Arrival and attendees paid indoor MEET FEES(\$3 per meet) to Mark Mindel/ Tom Harnett. **34 of 50 officials who worked indoor, paid!**

II- Call To Order- **6:06pm**

President Sweeney reminds all that the test needs to be taken by Mar 1 (so Bob can start assigning officials), but no later than March 31 online at:Link: <https://www.dragonflymax.com/>

III- Secretary's Report- Mark Mindel

\*A -June 2025 Minutes ~ **approved unanimously (Herrick; S Ware)**

\*B- November 2025 Minutes ~ **approved unanimously (Haig; T Wolin)**

IV- Treasurer's Report- John King. **as of 12/31/25 \$7888 in checking; \$5414 in CD; \$366 in savings.**

V- 2026 Training Class Report- Mark Therrien ~ **10 new officials.**

Introductions of all new trainees.

A- Mentors will be assigned at the March meeting.

B- The field Event checklist will be available.

VI- Executive Committee Report- Pat Sweeney

A- Welcome, Beth Haig, to the committee

B- Rule Book Distribution- to those who didn't attend the November indoor meeting.

**C- Please make sure we are aware and make accommodations for Special Needs Athletes- Required by Education Law**

**D- Need to meet separately with FAT operators at the end of this meeting**

**E- Must earn at least an 85% on the test to be considered “pass”- must also send me a screenshot of your result (I do not get the state list in time to clear you for spring meets with Bob)**

**F-State Inquiry into maintaining the skills of officials over time**

**VII- Rules Interpretations- Pat Sweeney**

**A-Uniform Orders due online by February 15th. Link for online ordering:**

**<https://www.storessimple.com/hallwearstores/capitaldistricttrackofficials>**

**Mini Clinic- New Rules & Emphasis by NF & CDTO:**

- 1. Managing Vertical Jump Landing Systems: A Guide for Track and Field Officials: Report on the email I sent to Section 2 ~ **update from Headwell: surfaces such as grass and track are once again considered ‘yielding’; however Section 2 and the CDTO still recommend home team’s use of mats surrounding PV and HJ.****
- 2. 3-2-3k (NEW): Permits the Games Committee to determine takeoff board placement in horizontal jumps.**
- 3. 3-8-6: Expands the acceptable calibers and provides flexibility for starting devices. ***Including 9 mm.*****
- 4. 4-6-5: Permits an appropriate health care professional, designated by the games committee, to evaluate a downed competitor without resulting in disqualification.**
- 5. 4-6-6c (NEW): Clarifies that athletes are not permitted to wear any type of audio or video recording devices during a race, trial, or while in restricted areas.**

- 6. 6-2-2 NOTES (3) (NEW): Clarifies that the time limit for a consecutive attempt applies within a height and at a height change.**
- 7. 6-3-2b4(a): Incorporates metric measurements alongside imperial to promote clarity and consistency in meet management.**
- 8. 6-8-6 (NEW): Standardizes warm-up times for athletes entering the high jump and pole vault after 60 minutes have elapsed. The current rule allows warm-up only after passing three consecutive heights, which can result in long periods of inactivity—sometimes over an hour—in large competitions. This can be a disadvantage and a potential safety concern for athletes entering later. Changing the rule to provide a standardized 1.5 minutes for high jump or 2 minutes for pole vault warm-up for any athlete entering after 60 minutes have elapsed promotes fairness, consistency, and risk minimization.**

**NOTE: Once a competitor has made their first attempt, no further warm-up is permitted. Also, the times granted to athletes entering the competition, as stated above is for each individual and not an aggregate time.**

- 9. 6-9-21: Clarifies that padding is required for hard and unyielding surfaces that are elevated relative to the ground. First, remember our rule. Next, this just in from the National Federation, specifically about mats that are up against tracks (Catskill comes to mind, I know there are others)**
- 10. 6-10-5: Incorporates javelin construction specifications into the rules book for clarity and consistency.**
- 11. 9-1-1: Adds the 200-meter dash as an option for indoor meets.**
- 12. 9-6-1: Establishes a standardized 20-meter exchange zone for indoor relays.**

13. **Points of Emphasis: 2026 Editorial Changes:**  
4-3-1b(8), 6-4-2, 9-1-1
14. **Other Changes:**  
Middle Level Recommendations for Aero Javelin
15. **2026 Points of Emphasis:**  
Throws Safety – Shot Put, Discus, and Javelin;  
**President Sweeney made suggestions concerning safety issues of SP at UNION, which were adhered to.**  
Restricted Areas  
Protest/Appeal Process

**ROSTER UPDATES: Will send out roster on Friday of this week- PLEASE inform me in writing (email) of any changes that have to be made!!!**

**VIII- 2024-25 Indoor Season Report**

- A- Assignor's Report- Mark Mindel. Indoor season a success.  
**Mindel strongly suggested keeping accurate records of whom you worked for at each indoor meet in case you don't receive your check. Vouchers can be photo'd and/or copied. Vouchers can be sent to AD's if the team is not present at the meet.**
- B- **At indoor meets, If assigned as a paid volunteer, please stay until the end of the meet.**
- C- Section 2 Coordinator's Report- Bob Whalen & Doug Hadley.  
**State Q's coming up this weekend at HVCC.**

**IX- 2025 Outdoor Season Report**

- A-Assignor's Report- Bob Headwell. **Availability sheets 'in near future' must respond ASAP. If need to turn back, do so ASAP.**
- B-Section 2 Coordinator's Report- Check with new Coordinators: **Ryan Jones, Columbia (boys), and Tyler Ronan, Watervliet (girls). Sectionals: May 26-27-28. SQ now Wed, Thurs. June 3-4 to avoid conflicts with proms.**

X- State Officials Report- Bob Headwell. Pat Sweeney ~ **XC an extreme success at Queensbury and likely we will be host region thru 2030. Indoor states at Ocean Breeze, Mar 6-7. Outdoor States at Webster-Schroeder HS, Sat, Sun June 13-14.**

XI- Committee Reports

A-Nominating Committee- Tom Greene: VP, Treasurer, Indoor Assignor

XII- Meeting with ALL FAT operators after the meeting ~

XIII- Meeting adjourned ~ **6:46 pm (Jim Poole; Tyler Ronan)**

XIV- Next Meetings- **Wed, March 18, 2026 @ 6 PM**, Halfmoon/ Clifton Park library; Mon., June 15, 2026 Location TBD

Important Documents

[2026 Rule Changes](#)

[2026 Video Rules Interpretation](#)

Test - How To Materials!

[Create Account](#)

[Take an Exam](#)

[Step by Step part 1](#)

[Step by Step part 2](#)